

Pre-ride Briefing

- Ride within your ability.
- Kick stands are for rider convenience and bike preservation. Please use them.
- The rear flashing light should be used.
- Bring shifting, braking or mechanical issues to the leader's attention.
- We ride as a group loosely not rigorously. We'll wait for each other whenever there is a need. A number of conditions can create gaps or separations between riders. These are normal and don't create a need to ride beyond your ability or disregard safety. Don't feel you have to keep up with the group, the group will wait for you.
- Riding off the front may be welcomed with the ride leaders approval.
- Avoid road hazards early and announced them to fellow riders.
- Riders should follow the rules of the road and practice courtesy.
- Courteous acknowledgment of traffic is encouraged.
- Overlapping of wheels is dangerous and should be avoided.
- Hold your line. Don't move left or right without ensuring that you won't affect other riders. Just as when changing lanes in a car, don't move left or right without checking that you're clear of other riders and it's safe to do so.
- Tuck your shoe laces in so they don't get tangled on the bike.